



AFD YOUTH DANCE PLATFORM 2024

PROGRAMME NOTES

A celebration of the young talented dancers of the South-West coming together to perform in a non-competitive environment. Ran by Amy Foskett Artistic Director of AmyFoskettDance and youth group AFDYOUTH.

Swindon Youth Dance Co - Nurses

Music: 'Data.microhelix' by Ryoji Ikeda, 'Uni sub' by Alva Noto and 'To build a home' by The Cinematic Orchestra.

Choreographer: Emma Carter

In 2023, the National Health Service (NHS) celebrated 75 years of offering free healthcare to everyone in the UK, no matter who they are or where they come from, since 1948. Our piece looks at the role and environment of the nursing profession, the busy job, routines, being on their feet for long shifts; empathy, professionalism, personalised support, and being at the side of their patients and families. Site sensitive film was shot on location at Oxford Brookes University Training Hospital*

Ameila Davis - The Return

Music: Past in Flames - Secession Studios

Choreographer: Ameila Davis

A group lost their way and use the stars to find their way back to their home. They go on a journey testing their boundaries and need to work together to make their way back. They support each other and work closely to one another until they can finally rest but a member of the group doesn't want to return.

RISE YOUTH DANCE COMPANY - Raised Voices

Music: Cadence - Travis Lake, Butterfly Jar - Origamibiro, .Breathe. - Travis Lake

Choreographer: Helen Wilson, Luke Antysz, Hannah Nelmes

In a society where voices of the young are often unheard or ignored, we strive to resist the hands that hold us in silence and will rise to make our voices heard

Matravers' Phase 10 – Harmony

Music: Carmen by Bizet and adapted by Terry Davies

Choreographer: Rebecca Henderson

A contemporary piece inspired by Mathew Bourne's The Car Man. The piece explores the transformation of the characters as the story unfolds.

Hampshire Youth Dance Company - Somewhere in Between

Music: Awe by Roger Goula and Monolith by Travis Lake.

Choreographer: Tory East in collaboration with Company Dancers

The 'herd mentality' the constant need and struggle to fit in often leads to neglecting our individuality and feelings in the process and results in adopting behaviours and actions of the people around us. We lose our sense of 'self' as we are swallowed by the herd. Within the fight to conform are the versions we present of ourselves; It has been said that there are three versions of each of us: who we see ourselves to be, who others see us as, and the person we truly are. "The truth is if you want to belong, if you want to learn to stand in the light you have to learn to run from the shadows" Travis Lake.

Matravers' Momentum - We Run with the Wolves

Music: Wash. - Bon Iver

Choreographer: Hannah Reich-Riley with dancers

This piece is was choreographed collaboratively with group leader and dancers. It is a piece about the power of women as a collective, and the importance of supporting and nurturing one another, rather than tearing each other down to succeed.

St Augustine's Nexus – Journey to Flux

Music: Emptyset – Gate1 & Gate 3.

Choreographer: Amy Foskett and Dancers

This contemporary dance piece focus' on the ebb and flow of life's rhythms and dynamics. The dancer's explored different dynamics in movement and music, finding a relationship between the two.

Somerset Youth Dance Company – Out of line

Music: On Then and Now (feat Jennifer Connelly) by Woodkid

Choreographer: Natalie Hyde & Company Dancers

A Contemporary dance piece exploring the theme of chaos and order, delving into a society with a fascination of socially 'labelling' one other. Dancers highlight contrasting moods flickering from regimental movement and tight formations (order) to free and expressive solo's as they grasp a taste of freedom (chaos). Why do we follow the crowd, go with the status quo and accept these labels? What can be achieved if we break these barriers and fully express ourselves in a label-free society. Can we ever truly break away?

ALW - Bottom of the River

Music: Bottom of the river

Choreographer: Amy Watts

Bottom of The River is a piece performed by ALW Dance's senior team. It's an emotive piece portraying a heaviness, feeling trapped and unable to leave behind an emotional struggle.

AFDYOUTH – Unison Duality

Music: Refraction by Onur Tarcin

Choreographer: Amy Foskett and the dancers

Unison Duality is a contemporary dance piece exploring Yin and Yang through fluid, contrasting movements. Embodying the duality of existence, moving from imbalance to harmony. We aim to illustrate the perpetual interplay of opposing forces in nature and how they come together in union.

Thank you for coming!

Find out more about AFDYOUTH on www.amyfoskettdance.co.uk

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